



2024-2025
**GROWTH
& OPPORTUNITY**

**PROFESSIONAL DEVELOPMENT
WORKSHOPS**

To support OSSTF/FEESO's ongoing commitment for the professional growth of its members, the Educational Services Department offers workshops for delivery across the Province. A completed contract is required one month prior to the presentation date. Workshops are subject to availability.

A minimum of 20 participants is required or \$500.00 will be charged to the District rebate.

Please contact your Educational Services Field Secretary at 416-751-8300 or toll free at 1-800-267-7867 for more information.

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01. ADDRESSING ANTI-BLACK RACISM

THREE PART WORKSHOP

**PART I. INTRO/HOME 2.5-3 HOURS
(DONE INDEPENDENTLY OR IN SMALL GROUPS)**

Understanding the systemic nature of anti-Black racism within our society requires both unlearning and learning. This session, done on your own time (preferably prior to attending Context or Action) gives learners the opportunity to question what they thought they knew, fill in some possible knowledge gaps, and sets the stage for the next two workshops.

PART II. CONTEXT 2.5-3 HOURS

In order to effectively address anti-Black racism, we need to define it, acknowledge it and be aware of its origins. This workshop traces a Canadian history, delves into understanding of key concepts (white supremacy, oppression, microaggression) and ends with practical, moving-forward, steps including case-study analysis.

PART III. ACTION 2.5-3 HOURS

The last in the three-part series, this workshop builds on prior learning, transitions to commitment and challenges participants to evaluate and plan how to integrate addressing anti-Black racism practices into their personal and professional lives.

02. CLASSROOM MANAGEMENT SERIES 1.5 HOURS EACH

- FOR TEACHERS/OCCASIONAL TEACHERS
- FOR EARLY YEARS (SUITABLE K-3)

Effective classroom management skills are essential in providing a positive and secure environment where students can achieve their potential. Participants will learn practical strategies for creating a positive learning environment and will have opportunities to address some of the behaviours they face. The workshops for OTs and those in Early Years address the unique challenges that each group faces in dealing with classroom management.

03. CULTIVATING RESILIENCE 1.5 HOURS

The ability to cope in the face of adversity and manage stressful conditions requires wide-ranging supports in today's schools and communities. Through dialogue and discussion, this workshop provides educational workers with the strategies needed to enhance well-being and foster resilience and positive mental health.

04. CYBERBULLYING 1.5-2 HOURS

Cyberbullying remains a concern with the popularity of social media and the expansion of new technologies. Electronic devices can clandestinely capture pictures, videos, and sound files which can then be quickly uploaded to the internet. This workshop will explain the different types of cyberbullying and provide strategies for addressing them.

05. EQUITY IN PRACTICE 1.5-2 HOURS

This transformative workshop gives educational workers the tools and resources to be the tipping point that will lead to positive change in our workplaces and beyond. Participants will examine issues of power and privilege that challenge thinking while acquiring strategies that ensure their practices are equitable and their workplaces are inclusive.

06. FOCUS ON POVERTY: AWARENESS TO ACTION 2 HOURS

The workshop uses statistics, narratives, and group interaction to explore the topic of poverty, to challenge our biases, and to reimagine how we can address poverty in our communities.

07. MANAGING CONFLICT 1.5-2 HOURS

Conflict resolution skills are an important component of effective interpersonal relationships. During this workshop participants will examine the sources of conflict that can occur between/among colleagues in the workplace, understand the reasons for addressing conflicts, and explore a three-step approach for managing them.

08. MENTAL HEALTH 2 HOURS

This workshop will provide members with an opportunity to better understand the importance of mental health, the impact of mental illness, and offer strategies about how each of us can respond to the reality of mental health in education today. Relevant resources will also be provided to workshop participants.

09. RACIAL JUSTICE 1.5 HOURS

What does racial justice look like in our complex society? This interactive workshop invites participants to engage in the critical examination of our perspectives about race, racism, and white privilege. Having these courageous conversations will provide educational workers with practical steps to interrupt and challenge everyday racial discrimination.

10. THE SCIENCE OF LEARNING 1.5-2 HOURS

Understanding and using cognitive science in our practices will improve our effectiveness as educators. This workshop will present a simple model of how the mind works and will identify effective instructional and learning strategies and how to use them in the classroom and beyond.

For the following, please contact your Educational Services field secretary:

- **BOUNDARY ISSUES FOR EDUCATORS 1.5-2 HOURS**